

Memory Information Session

A free session about your memory and how it works with tips and coping strategies to help with independence and signposting to useful services

Thursday 9 May: 2 - 4 pm

Community Wellbeing Hub, Bucks New University - Aylesbury Campus, 59 Walton Street, Aylesbury, HP21 7QG

This session is suitable for people who are concerned about their memory and for those supporting people with memory issues.

Places are limited and booking is required

Please contact: bucks.memorysupport@nhs.net or call for more information on 01296 718956

