

Are you worried about your memory?



Join us for a
Memory Information Session

Thursday 23rd June 10:30am-12:30pm

The Healthy Living Centre Unit 1, Walton Court Centre, Hannon Rd,
Aylesbury HP21 8TJ

The free session will include information on:

Understanding your Memory

Memory Aids and Tools

Memory strategies

Services and support

To register your interest, please email

bucks.memorysupport@nhs.net

or call 01296 718956

Refreshments will be available to purchase at the Healthy Living Centre café



Registered charity number 296645

